



Blissful

LUNAR LOG

Date of New Moon:

Star Sign of New Moon:

Intention Word/Theme for this cycle:

What energy does the New Moon's Star Sign supply?

Notes about this intention:

My new moon divination:

Other astrological aspects to note during this new moon:

Date of First Quarter Moon:

Star Sign of First Quarter Moon:

Actions am I taking to bring my intention to reality:

What energy does the First Quarter Moon's Star Sign supply?

Omens + opportunities I've noticed in support of my intention:

Old stories, doubts, blocks I've noticed from the Shadows:



Date of Full Moon:

Star Sign of Full Moon:

Other astrological aspects to note during this new moon:

What energy does the Full Moon's Star Sign supply?

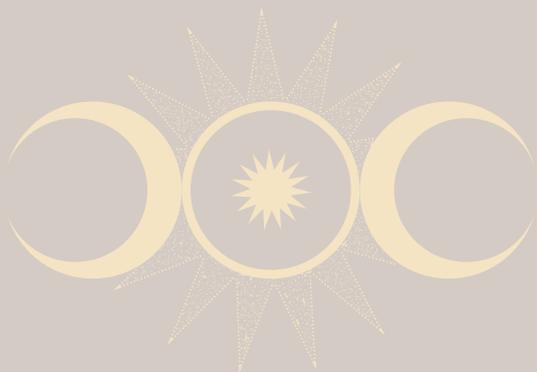
WINS:

FAILURES:

Things I can do to build on the momentum of the wins:

Gifts offered via the failures:

Ways to celebrate my wins:

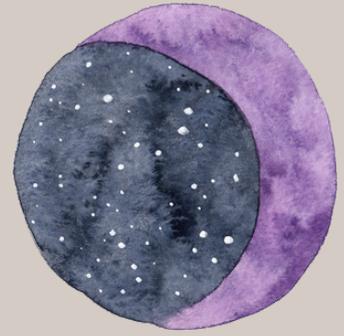


Date of Last Quarter Moon:

Star Sign of Last Quarter Moon:

What didn't work:

Why it didn't work:



What energy does the Last Quarter Moon's Star Sign supply?

In pursuit of my growth and expansion, I'm ready to release:

What I need in order to release these things (support, tools, etc.):



Bonus:
DARK OF THE MOON

How I FEEL about everything that transpired during this cycle:

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experiments in bliss

MEET MELANIE

Founder of Experiments In Bliss

My name is Melanie. I am a seeker, healer, intuitive, traveler, wordsmith, weirdo, adventurer, vegan, environmentalist, and experimenter. By trade, I am an intuitive guide + advisor, wellness expert, tarot consultant, and freelance writer. I hold active licenses in therapeutic massage and bodywork, holistics esthetics and certification in yoga instruction. I believe in the Bohemian pillars of Truth, Beauty, Freedom and Love. I believe in the Natural Order. My life does not conform to the status quo, and I quite like it that way.

I educate folx on how to bring magick to their mundane lives through cultivating a deeper understanding of Self + Soul; through reclaiming their personal agency for consciously creating life experiences; and through the forging of stronger connections with Self and environment. I call this work Personal Alchemy—the art of transforming ourselves by transforming the stuff that informs us on a conscious and subconscious level. It's not always easy work, but it's always worth the effort.



If you'd like to know more about me or the work I do, please reach out to me via social media or email. I'd love to connect with you!



XOXO



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